



MANASA

Residential School for Intellectually Disabled Children



SCHOOL DIARY 2018-19

MANASA REHABILITATION & TRAINING CENTRE

Registered Office: Post Padubelle, Udupi District-574116, Karnataka

Organisers : Catholic Sabha, Udupi/Mangalore Pradesh (R)

Contact No.: Trust Mob:8277219523
School Mob:8277219524
Hoste Mob:8277219712

Website : www.manasarehabilitation.org

Email : manasapamboor@gmail.com



School Garden Maintained by Manasa Students



Craft and achievements of Manasa Students in the Exhibition during 20th Founders Day Celebration



Manasa Computer Data Entry Class

ಶಾಲಾರಂಭದಲ್ಲಿ ಪ್ರಾರ್ಥನೆ

ಸೃಷ್ಟಿ ಕರ್ತನಾದ ದೇವರೇ ನಿಮ್ಮ ಪ್ರೀತಿಯ ಮಾನಸ ಶಾಲೆಯ ಮಕ್ಕಳಾದ ನಾವು ಈ ಪ್ರಾರ್ಥನೆಯ ಮುಖಾಂತರ ತಮ್ಮ ಕೃಪೆ ಆಶೀರ್ವಾದವನ್ನು ಯಾಚಿಸುತ್ತೇವೆ. ನಿಮ್ಮ ದೈವೀ ಆಶೀರ್ವಾದವು ಈ ಸಂಸ್ಥೆಯ ಮೇಲಿರಲಿ ನಮ್ಮನ್ನು ನಮ್ಮ ಸಿಬ್ಬಂದಿ ವರ್ಗದವರನ್ನು ನೀನು ಹರಸು ಪ್ರತ್ಯೇಕವಾಗಿ ಈ ಸಂಸ್ಥೆಯ ಪ್ರವರ್ತಕರಾದ ಕ್ಯಾಥೊಲಿಕ್ ಸಭೆಯ ಹಾಗೂ ಆಡಳಿತ ಮಂಡಳಿಯ ಮೇಲೂ ನಿಮ್ಮ ಕೃಪೆ ಇರಲಿ. ಈ ಸಂಸ್ಥೆಯ ಏಳಿಗೆಗಾಗಿ ದುಡಿಯುವ ಸರ್ವರ ಮೇಲೂ ನಿಮ್ಮ ಕೃಪೆ ಆಶೀರ್ವಾದವನ್ನು ವಿನಮ್ರವಾಗಿ ಬೇಡುತ್ತೇವೆ. ಪ್ರತ್ಯೇಕವಾಗಿ ಫಾ|| ಜೆಫ್ರಿನ್ ಮೊನಿಸ್ ಹಾಗೂ ಎಲ್ಲಾ ಹಿತ್ಯುಷಿಗಳನ್ನು ಕರುಣಿಸು. ಸಂಸ್ಥೆಯ ಅಭಿವೃದ್ಧಿಗಾಗಿ ಹಾಕಿಕೊಂಡ 5 ಕಾರ್ಯ ಯೋಜನೆಗಳು ಎಲ್ಲರ ಸಹಕಾರದಿಂದ ಕಾರ್ಯ ರೂಪಕ್ಕೆ ಬರುವಂತೆ ಹಾರೈಸು. ಕರ್ತರಾದ ದೇವರೇ ಈ ನಿಮ್ಮ ಮುದ್ದು ಮಕ್ಕಳ ಪ್ರಾರ್ಥನೆಯನ್ನು ಆಲಿಸಿರಿ.

ಪರಲೋಕದಲ್ಲಿರುವ ನಮ್ಮ ತಂದೆಯೇ ನಿಮ್ಮ ನಾಮಕ್ಕೆ ಸ್ತೋತ್ರವಾಗಲಿ, ನಿಮ್ಮ ರಾಜ್ಯ ಬರಲಿ, ನಿಮ್ಮ ಚಿತ್ತ ಪರಲೋಕದಲ್ಲಿ ನೆರವೇರುವ ಪ್ರಕಾರ ಭೂಲೋಕದಲ್ಲಿಯೂ ನೆರವೇರಲಿ, ನಮ್ಮ ಅನುದಿನದ ಆಹಾರವನ್ನು ಇಂದು ನಮಗೆ ಕೊಡಿರಿ. ನಮಗೆ ತಪ್ಪು ಮಾಡಿದವರನ್ನು ನಾವು ಕ್ಷಮಿಸುವ ಪ್ರಕಾರ ನಮ್ಮ ಪಾಪಗಳನ್ನು ಕ್ಷಮಿಸಿರಿ. ನಮ್ಮನ್ನು ಶೋಧನೆಗೆ ಒಳಪಡಿಸದೆ ಕೇಡಿನಿಂದ ನಮ್ಮನ್ನು ರಕ್ಷಿಸಿರಿ.

ಪ್ರಾರ್ಥನಾ ಗೀತೆ - 1

ಮಾನಸ ಗಂಗೆ....

ಸಾಗರದ ಅಲೆಗಳಲ್ಲಿ ಬರುತ್ತಿದೆ ಧ್ವನಿಯೊಂದು
ಆಗಸದ ತಾರೆಯಲಿ ಮೂಡುತ್ತಿದೆ ಪ್ರತಿ ಬಿಂಬವೊಂದು
ತೀರದ ಅಲೆಯ ತರಂಗದಲಿ || ಆಗಸ ಚುಕ್ಕಿಯ ಕಂಗಳಲ್ಲಿ||
ತೋರುತ್ತಿದೆ ಮಾನಸ ಶಾಲೆಯ ಕಿರಣವೊಂದು || ಪ ||

ವಿಭಿನ್ನ ಚೇತನರ ಬಾಳಿಗೆ ಪ್ರೀತಿಯ ತೋರಣ ಕಟ್ಟುತ್ತಾ
ಮನಕೆ ವಿದ್ಯೆಯ ಬಣ್ಣವ ಹಚ್ಚುತ್ತಾ
ತಾಳ್ಮೆ, ಸಹನೆ ಬಾಳಿಗೆ ಬೆಳಗುತ್ತಾ
ನೊಂದು ಬೆಂದ ಬದುಕಿಗೆ ಇರುಳು ಕವಿದ ಈ ಮನಕೆ
ತ್ಯಾಗದ ದೀಪದಂತೆ ಬೆಳಗುತ್ತಿದೆ ಈ ಮಾನಸ ಶಾಲೆ || ಸಾ||

ನರಳುವ ಬಾಳಿಗೆ ನಲಿವ ನೀಡಿ
ಅರಳಿದ ಸುಮಗಳ ಸೊಬಗ ತುಂಬಿ
ಪಾಪ ತುಂಬಿದ ಧರಣಿಗೆ ನಿ ಬಂದೆ ಗಂಗೆಯಂತೆ....
ಕೈಯ ಹಿಡಿದು ನಡೆಸಿದೆ ಎನ್ನಾ || ಸಾ ||

ಅಂಧಕಾರವ ನೀಗಿಸಿ ಆತ್ಮವನ್ನು ಬೆಳಗಿಸಿ
ಮಾನವೀಯತೆ ಕರುಣಿಸಿ ಮುಕ್ತಿ ಮಾರ್ಗ ತೋರಿಸಿ
ಕತ್ತಲೆಯ ದಾರಿಯಲ್ಲಿ ಬೆಳಕ ಹರಿಸಿ
ಬಾಳಿನಲ್ಲಿ ಸ್ವಾರ್ಥಿಯನ್ನು ಕರುಣಿಸಿದೆ || ಸಾ ||

ರಚನೆ: Ashu Belle

ಪ್ರಾರ್ಥನಾ ಗೀತೆ - 2

ನಿನ್ನೊಲುಮೆ ಎಮಗಿರಲಿ ತಂದೆ

ನಿನ್ನೊಲುಮೆ ನಮಗಿರಲಿ ತಂದೆ|

ಕೈ ಹಿಡಿದು ನೀ ನಡೆಸು ಮುಂದೆ|

ನಿನ್ನ ಈ ಮಕ್ಕಳನ್ನು ಪ್ರೇಮದಲಿ ನೀನೋಡು
ಈ ಶಾಲೆಯು ಎಂದೆಂದೂ ನಗುವಂತೆ ನೀಮಾಡು
ನಂಬಿದರೆ ಭಯವಿಲ್ಲ ನಂಬದರೆ ಬಾಳಿಲ್ಲ
ಅಂಬಿಗನೇ ನೀ ನಡೆಸು ಈ ಬಾಳ ನೌಕೆ
ಯಾವ ನೊಪ್ಪೇ ಬರಲಿ ಎದೆಗುಂದದಿರಲಿ || 2 ||
ಸತ್ಯ ಮಾರ್ಗದಿ ನಡೆವ ಶಕ್ತಿ ಕೊಡು ತಂದೆಯೇ

ನಿನ್ನೊಲುಮೆ ನಮಗಿರಲಿ ತಂದೆ

ಕೈ ಹಿಡಿದು ನೀ ನಡೆಸು ಮುಂದೆ

ಕಾನನದಿ ಸುಮವೊಂದು ಸೌರಭವ ತಾ ಸೂಸಿ } || 2 ||
ಸಫಲತೆಯ ಪಡೆವಂತೆ ಮಾಡೆಮ್ಮ ತಂದೆ||
ಸಿರಿಯು ಸಂಪದ ಬೇಡ ಯಾವ ವೈಭವ ಬೇಡ || 2 ||
ನಿನ್ನ ಕರುಣೆಯು ಒಂದೇ ಸಾಕೆಮಗೆ ತಂದೆ|| ಪ ||

ಪ್ರಾರ್ಥನಾ ಗೀತೆ - 3

ಎನ್ನಯ ಬಾಳು ಬೆಳಗಿಸು ದೇವಾ

ಎನ್ನಯ ಬಾಳು ಬೆಳಗಿಸು ದೇವಾ

ಎನ್ನಯ ಬಾಳು ಬೆಳಗಿಸು ನೀ (2)

1. ನಿನ್ನಯ ಕೃಪೆಯ ತೋರಿಸು ದೇವಾ (2)

ಎನ್ನಯ ಬಾಳು ಬೆಳಗಿಸು ನೀ

2. ನಿನ್ನಯ ಪ್ರೇಮವ ಕರುಣಿಸು ದೇವಾ (2)

ಎನ್ನಯ ಬಾಳು ಬೆಳಗಿಸು ನೀ

3. ನಿನ್ನಯ ಶಾಂತಿಯ ನೀಡು ಹೇ ದೇವಾ (2)

ಎನ್ನಯ ಬಾಳು ಬೆಳಗಿಸು ನೀ.

ಪ್ರಾರ್ಥನಾ ಗೀತೆ - 4

ಬಾ ನನ್ನ ದೇವಾದಿ ದೇವಾ

ಬಾ ನನ್ನ ದೇವಾದಿ ದೇವಾ

ಬಾ ನನ್ನ ದೇವಾದಿ ದೇವಾ

ಕರುಣಿಸು ಈ ನಿನ್ನ ಮಗುವ

ತುಂಬಿಸು ನಿನ್ನಯ ಬಲವ

ಸಾರಲು ನಿನ್ನಯ ಜಯವ

ಉತ್ಸಾಹ ಧ್ವನಿಯಿಂದ ಸ್ತುತಿಸಿ

ನಾವು ಕಿನ್ನರಿ ನುಡಿಸುತ್ತಾ ಭಜಿಸಿ

ಜಯಘೋಷ ಮಾಡುತ್ತಾ ಸ್ತುತಿಸಿ

ಬಾಳುವೆ ನಿನ್ನಯ ನಮಿಸಿ

ಪ್ರಾರ್ಥನಾ ಗೀತೆ - 5

ನನ್ನ ಮೌನದ ಭಾವದಲ್ಲಿ

ನನ್ನ ಮೌನದ ಭಾವದಲ್ಲಿ ನಿನ್ನ ಗೀತೆಯ ಹಾಡುವೆನು
ನಿನ್ನ ನುಡಿಗಳ ನೆನಪಿನಲ್ಲಿ ನನ್ನ ಬಾಳನು ನಡೆಸುವೆನು
ಬಾಳಲಿ ಬೆಂದಿಹೆ ನಾ ಬಾಳಲು ಅರಿಯದೆ ನಾ
ನಿನ್ನ ಸ್ನೇಹವು ನನಗಿರಲಿ ಎನ್ನ ಮನವನು ಬೆಳಗಿಸಲಿ
ಇನ್ನು ನಿನ್ನ ಸನಿಹದಿ ನಾ ಬಾಳನು ಬಾಳುವೆನು

ಪ್ರಾರ್ಥನಾ ಗೀತೆ - 6

ಕರೆ ನೀಡಿಹೆ ಬಾ ಎಂದಿಹೆ

ಕರೆ ನೀಡಿಹೆ ಬಾ ಎಂದಿಹೆ ನಿನ್ನಂತೆ ನಾನಾಗಲು
ಕರೆ ನೀಡುವೆ ಕೃಪೆ ತೋರುವೆ ನಿನ್ನಂತೆ ನಾ ಬಾಳಲು
ಜಗಕ್ಕಿಂದು ಬೆಳಕಾಗ ಕರೆದೆ ಹರಡೆನ್ನ ಶುಭವಾರ್ತೆ ಎಂದೆ
ಹರಸೆನ್ನ ಇಂದು ವರ ನೀಡು ಬಂದು ಓ ದೇವಾ ನಿನ್ನಂತೆ ನಾ ಬಾಳಲು
ಮನದಲ್ಲಿ ಮನೆಮಾಡು ಇಂದು
ಬೆಳಕಲ್ಲಿ ನಡೆಸನ್ನ ಇಂದು
ಶಿರಬಾಗಿ ನಡೆವ ನನ್ನನ್ನೇ ಕೊಡುವ
ಕೃಪೆ ಮಾಡು ಕರುಣಾಳು ಓ ತಂದೆಯೇ

॥ಕರೆ॥

ಪ್ರಾರ್ಥನಾ ಗೀತೆ - 7

ಪ್ರಭು ನಿನ್ನ ಗುಡಿಗೆ

- ಪ್ರಭು ನಿನ್ನ ಗುಡಿಗೆ ಮಣ್ಣಾಗಿ ಬರುವೆ
ಶಿಲೆ ಮಾಡಿ ನನ್ನ ಸ್ವೀಕರಿಸು ದೇವಾ } 2
- ದುರ್ಬಲ ದೇಹ ನಿಶ್ಚಕ್ತ ಮನಸ್ಸು
ನಿನ್ ಒಡಲ ಗುಡಿಗೆ ನಾ ನೀಡುವೆ } 2
1. ನಾನು ನನ್ನದು ನನ್ನೊಳಗಿನ ಬಂದ
ನನ್ನ ಮನದ ಅಳುಕಿಂದ ಇರುಳು
ನಿನಗೆಂದು ತಂದು ನಾ ನೀಡುವೆ
ನನ್ನದೆಲ್ಲಾ ನಿನಗೀಯುವೆ } 2
ನಿನಗಿತ್ತು ಋಣಿಯಾಗುವೆ
ಪ್ರಭು ನಿನ್ನ ನಾ ನೀಡುವೆ
2. ನನ್ನ ಎದೆಯ ನೋವೆಂಬ ನೆನಪು
ನನ್ನ ಬದುಕು ಹೊರೆಯೆಂಬ ಭ್ರಮೆಯು } 2
ನಿನಗೆಂದು ತಂದು ನಾ ನೀಡುವೆ
ಮನದಾಳ ತೆರೆದಿಡುವೆ } 2
ನಿನಗಿತ್ತು ಋಣಿಯಾಗುವೆ
ಪ್ರಭು ನಿನ್ನ ನಾ ನೀಡುವೆ

ಪ್ರಾರ್ಥನಾ ಗೀತೆ - 8

ನನ್ ಆರಾಧನ

- ನನ್ ಆರಾಧನ ನನ್ನಯ ಪ್ರಾರ್ಥನಾ
ಶರಣನೇ ನಿನಗರ್ಪಣ } 2
ಜಗದೀಶಗೆ ನಮನ
1. ನೋವಿಗೆ ಕುಗ್ಗದೆ, ನಲಿವಿಗೆ ಹಿಗ್ಗದೆ
ಸ್ಥಿರಚಿತ್ತ ನೀಡೋ ಚಂಚಲ ಮನಕೆ
ಹರಿಯುವ ಚಿತ್ತವ ಏಕಾಗ್ರಗೊಳಿಸು } 2
ನಿರ್ಮಲ ಮನ ನಿರ್ಮಿಸೋ
ನನ್ ಆರಾಧನ.... ನಮನ
2. ನಾನು ನನ್ನದೆಂಬ ಅಣುಕು ಅಳಿಸೋ } 2
ಮೇಲ ಕೀಳೆಂಬ ಭೇದವ ದಮನಿಸೋ
ಮನುಜ ಮನುಜರಲಿ ಮೈತ್ರಿಯ ಬೆಳೆಸೋ
ಎಲ್ಲಾರ ಒಂದಾಗಿರು
ನನ್ ಆರಾಧನ.....ನಮನ

ಪ್ರಾರ್ಥನಾ ಗೀತೆ - 9

ಆರಾಧನೆ ನಿಮಗೆ

ಆರಾಧನೆ ನಿಮಗೆ ಆರಾಧನೇ
ದೇವರೇ ನಿಮಗೆ ಆರಾಧನೇ
ಪರಿಶುದ್ಧನೇ ನಿಮಗೆ ಆರಾಧನೇ
ಪರಮಾತ್ಮನೇ ನಿಮಗೆ ಆರಾಧನೇ
ಆರಾಧನೇ ನಿಮಗೆ ಆರಾಧನೇ ನಿಮಗೆ ಆರಾಧನೇ ದೇವರೇ
ಆ ಆ ಆ.....ಆ ಆಆ

1. ಜೀವಂತ ದೇವರೇ ಆರಾಧನೆ
ಜೀವಿಸುವವರೇ ಆರಾಧನೆ
ಜೀವನ ನೀಡುವವರೇ ಆರಾಧನೆ
ಜೀವದ ಬುಗ್ಗೆಯೇ ಆರಾಧನೆ
ಆರಾಧನೆ ನಿಮಗೆ ಆರಾಧನೆ..... ದೇವರೇ }
ಆ ಆ ಆ.....ಆ ಆಆ } 2
2. ಸ್ವರ್ಗದ ಒಡೆಯನೇ ಆರಾಧನೆ
ಭೂಲೋಕ ರಾಜನೇ ಆರಾಧನೆ
ಸರ್ವಕ್ಕೂ ಯಾಜಮಾನನೇ ಆರಾಧನೆ
ಘನಮಾನ ಮಹಿಮೆ ನಿನಗೆ ಸದಾ
ಆರಾಧನೆ ನಿಮಗೆ ಆರಾಧನೆ ದೇವರೇ }
ಆ ಆ ಆ.....ಆ ಆಆ } 2

ನಾಡಗೀತೆ

ಜಯ ಭಾರತ ಜನನೀಯ ತನುಜಾತೆ,
ಜಯ ಹೇ ಕರ್ನಾಟಕ ಮಾತೆ!
ಜಯ ಸುಂದರ ನದಿ ವನಗಳ ನಾಡೇ,
ಜಯ ಹೇ ರಸಖುಷಿಗಳ ಬೀಡೇ!
ಜಯ ಭಾರತ ಜನನೀಯ ತನುಜಾತೆ,
ಜಯ ಹೇ ಕರ್ನಾಟಕ ಮಾತೆ!
ಭೂದೇವಿಯ ಮುಕುಟದ ನವಮಣಿಯೆ;
ಗಂಧದ ಚಂದದ ಹೊನ್ನಿನ ಗಣಿಯೆ;
ರಾಘವ ಮಧುಸೂಧನರವತರಿಸಿದ
ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ!
ಜಯ ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ,
ಜಯ ಹೇ ಕರ್ನಾಟಕ ಮಾತೆ!

ವಂದೇ ಮಾತರಂ

ವಂದೇ ಮಾತರಂ|
ಸುಜಲಾಂ, ಸುಫಲಾಂ, ಮಲಯಜ ಶೀತಲಂ
ಸಸ್ಯ ಶ್ಯಾಮಲಾಂ ಮಾತರಂ|
ವಂದೇ ಮಾತರಂ|

ಶುಭ್ರ ಜೋತ್ಸಾ ಪುಳಕಿತ ಯಾಮಿನೀಂ
ಪುಲ್ಲಕುಸುಮಿತ ಧೃಮದುಳ ಶೋಭಿನಿಂ
ಸುಹಾಸಿನೀಂ ಸುಮಧುರ ಭಾಷಿಣಿಂ
ಸುಖಿದಾಂ ವರದಾಂ, ಮಾತರಂ|
ವಂದೇ ಮಾತರಂ||

ರಾಷ್ಟ್ರಗೀತೆ

ಜನ ಗಣ ಮನ ಅಧಿನಾಯಕ ಜಯ ಹೇ
ಭಾರತ ಭಾಗ್ಯ ವಿಧಾತಾ
ಪಂಜಾಬ ಸಿಂಧು ಗುಜರಾತ ಮರಾಠಾ
ದ್ರಾವಿಡ ಉತ್ತಲ ವಂಗ
ವಿಂಧ್ಯ ಹಿಮಾಚಲ ಯಮುನಾ ಗಂಗಾ
ಉಚ್ಛಲ ಜಲಧಿ ತರಂಗ
ತವ ಶುಭ ನಾಮೇ ಜಾಗೇ
ತವ ಶುಭ ಆಶಿಶ ಮಾಗೇ
ಗಾಹೇ ತವ ಜಯ ಗಾಥಾ
ಜನ ಗಣ ಮಂಗಲ ದಾಯಕ ಜಯ ಹೇ
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ಧ್ವಜ ಗೀತೆ

ಝಂಡಾ ಉಂಚ ರಹೇ ಹಮಾರ |
ವಿಜಯೀ ವಿಶ್ವತೀ ರಂಗ ಪ್ರಾರಾ|
ಸದಾ ಶಕ್ತಿ ಬರ್ ಸಹನೇ ವಾಲಾ |
ಪ್ರೇಮ್ ಸುಧಾಬರ್ ಸಹನೇ ವಾಲಾ |
ವೀರೊಂಕೋ ಹರ್ ಸಹನೇ ವಾಲಾ |
ಮಾತೃ ಭೂಮಿಕಾ ತನು ಮನು ಸಾರ || | ಪ |
ಆವೋ ಪ್ರಾರೇ ವಿರೋ ಆವೋ
ದೇಶ ಧರ್ಮಪರ್ ಬಲಿ ಬಲಿ ಜಾವೋ ||
ಎಕ್ ಸಾಥ್ ಸಬ್ ಮಿಲಕರ್ ಗಾವೋ |
ಪ್ಯಾರಾ ಭಾರತ್ ದೇಶ್ ಹಮಾರ || | ಪ |
ಶಾನನ ಇಸಕೀ ಜಾನೇ ಪಾಯೆ |
ಜಾಹೇ ಜಾನ್ ಉಲಾಹಿ ಜಾಹೇ |
ವಿಶ್ವ ವಿಜಯಿ ಕರ್ ಕೆ ದಿಖ್‌ಲಾಯೇ |
ಸಬ್ ಕೋ ಹೆ ಪ್ರಾಣ್ ಪೂರ್ಣ್‌ಹಮಾರ || | ಪ |

Showers of Blessing....

There shall be showers of blessing;
This is the promise of love;
There shall be seasons refreshing,
Sent from the Savior above.

Showers of blessing,
Showers of blessing we need:
Mercy-drops round us are falling,
But for the showers we plead.

There shall be showers of blessing,
Precious reviving again;
Over the hills and the valleys,
Sound of abundance of rain.

Showers of blessing,
Showers of blessing we need
Mercy-drops round us are falling,
But for the showers we plead.

BIND US TOGETHER

BIND US TOGETHER, Lord, Bind us together
With cords that cannot be broken.
Bind us together, Lord,
Bind us together,
Bind us together with love.

There is only one God,
There is only one King;
There is only one Body,
That is why we sing:

Made for the glory of God,
Purchased by His precious Son;
Born with the right to be clean,
For Jesus the victory has won.

You are the family of God,
You are the promise divine;
You are God's chosen desire,
You are the glorious new wine.

You are my Refuge

1. You are my Refuge
You are my Fortress
You are my Friend in need
You are my God

I will worship you
with all of my heart
I will seek your face
All through my life
I will serve you God
With all that I have
Here I am
Here I am oh God
2. You are my Healer
You are my Saviour
You are my Friend in need
You are my God
I will worship you----- Here I am

} 2
3 Here I am

Our Father who

Our Father who art in Heaven,
Hallowed Be Thy Name
Thy Kingdom come, Thy will be done
Hallowed Be Thy Name
On this earth as it is in Heaven
Hallowed be thy Name
Give us this day our Daily Bread
Hallowed be thy Name
Forgive us all our sins and offences
Hallowed be thy name
As we forgive those who sin against us
Hallowed be thy name
Lead us not to the devil to be tempted
Hallowed be thy name
But deliver us from all that is evil
Hallowed be thy name
For Thine is the Kingdom
The Power and the glory
Hallowed be thy name
Forever and Ever and ever and ever } 3
Hallowed be thy name

MANAGEMENT		
S.No.	Name	Position
1	Most Rev. Dr. Gerald Isaac Lobo, Bishop of Udupi	Patron
2	Rev. Fr. Ferdinand Gonsalves	Spiritual Director (Udupi Diocese)
3	Rev. Fr. Mathew Vas	Spiritual Director (Mangalore Diocese)
4	Mr. Henry Menezes	President
5	Mr. Valerian Fernandes	Vice President
6	Mr. Anil Lobo	Secretary
7	Mr. Elroy Kiran Crasto	Treasurer
8	Ms. Remedina D'souza	Member
9	Dr. Edward Lobo	Member
10	Dr. Thomas Quadras	Member
11	Mr. Walter D'souza	Member
12	Mr. Cyril Quadras	Member
13	Mr. John Mathias	Member
14	Dr. Vincent Alva	Member
15	Mrs. Jacintha Maria Mathias	Member
16	Mr. Fredrick Menezes	Member
17	Mr. Joseph Noronha	Administrator

TRUST OFFICE			
S.No	Name	Qualification	Designation
1	Mr. Maurice Quadras	B.Com	Accountant
2	Mrs. Irene D'souza	MSW	Facilitator
3	Mr. John Gomes	B.A.	Accounts Asst.
4	Mrs. Avila Monis	B.Com	Accounts Asst.
5	Mrs. Veronica Clements	M.Sc.	Counselling Psychologist
6	Sr. Molly Rego	B.A.	Co-ordinator
SCHOOL STAFF			
S.No	Name	Qualification	Designation
1	Sr. Ancilla Fernandes	B.A. Spl. B.Ed.	Principal
2	Mrs. Muriel Premalatha	B.A. D.SE.	Vice Principal
3	Mrs. Pramila Shobhavathi	B.A.,D.SE	Teacher
4	Mrs. Vinaya Bailoor	D.SE	Teacher
5	Mrs. Hemalatha Kundar	B.Com, SplB.Ed,DSE	Teacher
6	Mrs. Shashikala M. Salian	B.A. Spl. B.Ed, DSE	Teacher
7	Mr. Shankara Moolya	D.SE	Teacher
10	Mrs. Prabha K.	B.A. D.SE	Teacher
12	Ms. Prema Karkera	B.A. D.SE	Teacher
13	Ms. Shalini Kotian	D.SE	Teacher
15	Mrs. Reena D'souza	B.A. Spl. B.ED	Teacher
16	Mrs. Shailashree Naik	B.A. D.SE., M.R.	Teacher
17	Mrs. Shailaja	B.A. Spl. B.ED	Teacher
17	Mrs. Jyothi Sundar	B.A.Spl. B.ED	Teacher
18	Mr. Johnson Fernandes	B.Com, D.ED	Teacher
18	Ms. Ashwini	P.U.C.	Vocational Instructor
19	Mr. William Quadros	S.S.L.C.	Driver
19	Mr. Victor Fernandes	P.U.C.	Driver
20	Mrs. Nagamma Guruva	Non-matric	Ayah
21	Mrs.Nadia	Non matric	Helper

HOSTEL STAFF			
S.No	Name	Qualification	Designation
1	Sr. Mary Beck	B.A. B.Ed.	Warden
2	Ms. Ashwini	P.U.C.	Asst. Warden
3	Mrs.Helen Lobo	S.S.L.C.	Supervisor
4	Mrs. Miariamamma M.	P.U.C.	Cook
5	Mrs. Baby Thomas	Non matric	Cook
6	Mrs. Shashikala Nagaraj Bhovi	Non matric	Asst. Cook
7	Mrs. Lilly Correa	S.S.L.C.	Helper
8	Mr. Sundara Kapira Koraga	Non matric	Gardner
9	Mrs. Suneetha Sanjeeva Koraga	Non matric	Hygene Worker
10	Mrs. Rajeshwari Ganesh Bhovi	Non matric	Hygene Worker
11	Mr. Mariappa	Non matric	Helper
12	Mrs. Rathna	Non matric	Helper
13	Mrs. Lalitha	Non-matric	Helper

SCHOOL TIMINGS	
Detail	Timings
Prayer & Assembly (General Assembly on Monday)	09.45-10.00 a.m.
Yoga Classes	10.00 -10.30 a.m.
1st Period	10.30 -11.15 a.m.
Tea/Snack break	11.15- 11.30 a.m.
II Period	11.30 -12.00 p.m.
III Period	12.00 – 12.30 p.m.
Lunch Break	12.30 - 1.30 p.m.
IV Period	1.30 - 2.15 p.m.
V Period	2.15 – 3.00 p.m.
VI Period	3.00 – 3.45 p.m.
Zero Hours (Disperse)	3.45 – 4.00 p.m
School Bus leaving (week days)	4.10 p.m.
School bus leaving (Saturday)	12.10 p.m.
Music Class- Tuesday	3.00-3.45 p.m.
Moral Science-Monday	3.00-3.45 p.m.
Computer Class-Monday	11.30-12.30,1.45-2.45, 2.45-3.45p.m.
Computer Class-Wednesday	11.30-12.30,1.45-2.45, 2.45-3.45p.m.
Computer Class-Friday	11.30-12.30,1.45-2.45, 2.45-3.45p.m.
Physiotherapy- Tuesday & Friday (K.M.C.Manipal)	10.00-11.00a.m.
Craft Class - Saturday	10.00 - 12.00 noon
Speech Therapy - Monday Wednesday, Friday - KMC Manipal	10.00 - 4.00 p.m.

STUDENT INFORMATION

(To be filled in by the Parent or the guardian)

Name of the Student : _____

(Capitals) _____

Class : _____

Roll No/Admission No : _____

Date of Birth : _____

Blood Group : _____

Disability (%age) : _____

I. Q. Level : _____

Father's Name : _____

Or

Guardian's Name : _____

Address : _____

: _____

: _____

Telephone No: Resi. _____ Mob. : _____

Office : _____

Father's/Guardian's Occupation : _____

Mother's Name : _____

Mother's Occupation : _____

Telephone No: Resi. _____ Mob. : _____

Office : _____

Father's/Guardian's Signature : _____

Mother's Signature : _____

Class Teacher's Name : _____

Signature : _____

Affix Photo

Introduction:-

MANASA, founded by the Catholic Sabha, Mangalore Pradesh and run by a Board of Trustees is a Rehabilitation and Training Centre for the specially abled children. It is situated in Pamboor, Padubelle which is a remote village in the Udupi District of Karnataka State in India. The Centre, inaugurated on 14-11-1997, has undertaken the onerous task of rehabilitating the specially abled children by giving them suitable training to become the productive assets of their families in particular and the society at large. The founding fathers of the Centre who saw the miserable condition of these children – some of whom did not have even the basic toilet skills – and the despair of their parents, came forward to launch this much needed project. Thanks to their relentless efforts and the dedicated service of the staff, the Centre has, over the past twenty years of its fruitful existence, made many a handicapped child get into the mainstream of the society as income generating assets to their parents.

The Centre admits children in the age-group of 6 to 18 and keep them till 25 years irrespective of caste, colour and creed. At present there are 130 children on Rolls hailing from the different districts of Karnataka and those of Goa and Maharashtra. Of these 65 are staying in the hostel and are given special care. The children are divided into 18 classes according to their mental abilities and they are given training in the basic life skills so as to make them independent in their day-to-day life in addition to the vocational training in stitching, making of note books, candles, phenoil, envelopes and other handicrafts. Manasa Special School has tied up with AMBA, Bangalore for “Alternative Education for adults” with severe to moderate intellectual disabilities. Established a computer training centre. 22 students of above 16 years are undergoing training. The children are also given yoga practice daily along with the basic education. A team of 45 dedicated staff with Sr. Ancilla Fernandes as the Principal and Sr. Mary Beck as Warden strives hard to achieve the desired goals. Besides a retired Bank executive, offers his service as an administrator. Arrangements are also made for the regular visits of doctors, speech therapists and clinical psychologists from the K.M.C. hospital, Manipal to cater to the health needs of the children.

The Centre has many achievements to its credit in the field of sports and games. Seven of our students participated in the “World Special Olympics” and won 7 medals for India in different events (four gold, two silver and one bronze). A few others were sent to participate in the State and National level sports and games and they brought laurels to our Centre by winning different places. The Centre has won many National & State awards for the yeomen services rendered to special children of our society.

VISION: “Create a better world around us and provide training for a respectful co-existence of neglected ones”

MISSION: Facilitate the special children towards a happy and self reliant life , by creating conducive conditions, through education, training, employment opportunity, welfare and social security

Objectives:

1. To provide early identification, intervention and interaction service for young specially abled children, so that optimum benefit of utilization of capabilities and opportunities may accrue to these children.
2. To impart basic education to specially abled children and to rehabilitate these through appropriate training directed towards the goal of enabling them to lead as an independent life as possible.
3. To promote the ability in children with mental handicap through income generating and remuneration activity and employment.
4. To work for prevention of mental handicap through parental education and proper child care.
5. To provide all the help to the persons of organizations who take up the work that will help the specially abled children to lead a normal life just like other normal children in the society.

Programme Details:

- ❖ Early Identification
- ❖ Basic Education
- ❖ Vocational Training

- ❖ Placement Services
- ❖ Parental Awareness
- ❖ Consultancy Services

Special Features of the School

1. The School and Hostel premises constructed on a land measuring 3 acres and owned by the Trust.
2. The School and Hostel premises are surrounded by ample open space, vast playground and garden.
3. Situated away from city crowds with sense of rural environment and full of greenery.
4. The school is well equipped with modern teaching materials and has dedicated trained and qualified staff.
5. Doctors, Speech Therapists and Clinical Psychologists visit the school regularly from K.M.C. Hospital, Manipal.
6. Keeping in view needs of special children, apart from academic skills , co-curricular activity is followed everyday viz. Yoga, P.T., Music & Dancing, Gardening, Catechism/Moral, Craft classes etc.
7. Vocational Training In Tailoring, book binding, crafts, candle making, envelope, making phynoil etc. is being taught as per individual child's skill level.
8. For day scholars Bus facility available in the predetermined route.
9. Hostel facility is available for non local children. The following facilities available at the Hostel.
 - (a) Separate furnished dormitories for Boys and Girls. Two sections each for Junior and Senior.
 - (b) Good Dining Hall with attached well maintained kitchen.
 - (c) Adequate number of helpers/care takers and hygiene workers available 24X7 every day.
 - (d) Indoor games viz. table tennis, carom, snake & ladder , puzzles and outdoor games viz. Volleyball, Shuttle Cock, cricket, throw ball, foot ball, Children's Park, swing etc.
 - (e) Entertainment: T.V., music system, CD player, singing and dancing.
 - (f) National and local festivals are celebrated with the help of sponsors.
 - (g) Services of trained qualified warden is available to take care of minor illness.

- (h) Separate Hostel Vehicle is also available in case of medical emergency to shift to hospital.

General Information for Admission

1. Intellectually Disabled Children of both sex aged between 6 to 18 years irrespective of caste, religion are admitted and trained up to 25 years of age.
2. Children having I.Q. level of 40% and above with Doctor's Certificate only considered for admission.
3. At the time of admission along with the application following documents are required.
 - Address Proof
 - Disability Certificate
 - Ration Card / Aadhar Card
 - Date of Birth Proof
 - I. Q. Certificate
 - Transfer Certificate (If the child is transferred from any other school)
 - Photograph (5 Copies)
 - Caste Certificate
4. School begins on 1st June every year.
5. Admissions/Readmissions starts from 20th May to 31st May every year.
6. Hostel Check-in on 31st May before 4.00 p.m.
7. All hostel children to be taken home during April-May and October holidays
8. Bus facilities are available on the predetermined routes on first come first serve basis.
9. Guardians/legal guardians are required to give an affidavit in the stamp paper.

School Regulations (Rules)

1. Admission is through the formal printed application form only.
2. Admission and other collections if any to be paid at the beginning of the academic year on or before the prescribed date.
3. Students should follow the rules and regulation given in the school diary as well as issued by the school authorities periodically.

4. Every student should attend the classes. For any reason if they come late or absent to the school, they should indicate the reason for late coming/absent and before the beginning of the class students should show the leave note to their class teachers. Permission should be obtained from the class teacher in case the student wants to leave early from the class.
5. When the student is absent due to prolonged illness for more than 3 days, the parent must inform the school authorities. Absence due to illness should be supported with evidence such as doctor's medical certificate.
6. If a student is suffering from any contagious disease such as chicken pox, measles, conjunctivitis etc., the parents are requested not to send the child to school until it is completely cured
7. When the student is absent, the parent must write in the leave record in the school diary.
8. Students should compulsorily participate in the school assembly. While going to attend the assembly or any other classes as well as other school programs students should observe silence and walk in lines.
9. During the school assembly as well as other programs the student should follow the instructions and observe strict discipline.
10. The parents, guardians or others should not meet their children/ward during school hours in the school premises without the permission of the Principal.
11. During the school hours including lunch recess no one is permitted to go out of the campus. For unforeseen reasons if a student is required to go out of the campus, the permission of the principal/class teacher must be obtained.
12. Students should carry the school Identity Cards and School Diary/Calendar every day while coming to school.
13. The students should wear uniform and ID cards on Monday to Friday. Colour Dress and ID cards on Saturday. While stitching the uniform they should follow the instructions of the school.
14. Students should pay extra attention to punctuality and discipline and give more importance to cleanliness and sanitation.

15. It is mandatory that the students should put in 75% attendance.
16. If the students do not improve behavior and continue the habits which are affecting the other students in class room/hostel in spite of the efforts of the principal, teachers and the parents/guardians of such students would be given T.C. at any time and terminate their admission from the school/hostel.
17. Letters of any intimation sent to parents must be properly responded to. Parents when summoned to the school must understand that there is something very important to be discussed with them.
18. Parents and guardians are recommended to contact the class teacher at least once in each term to ascertain with the school authorities that the conduct and progress is satisfactory.
19. Parents are requested to write the child's name and class on his/her belongings such as water bottle, Tiffin carrier, umbrella etc.
20. Parents must avoid criticizing any teacher/School/Management in the public. Communicate with the Management in writing if you have any genuine grievance.
21. Parents must see the Progress Records of their children and help them to rectify their defects as regards the study and conduct.
22. Parents, Staff and students are strictly prohibited from speaking to media with regards to school affairs.
23. Parents are requested to refer to the School diary regularly; else it will fail in its purpose.
24. Home is the first school for children, and the second is the school itself. A child is shaped by both. The healthier the co operation between the two, the more fruitful will be the efforts. Therefore, Parent's whole hearted cooperation is expected in these matters to maintain Discipline and Decorum.

School Bus:

1. For day scholars Bus facility is available in the predetermined route.
2. Parents/Students shall not attempt to stop the busses in any other place other than their own designated stops. In such cases written permission from the Principal is must.

3. Parents of small children shall accompany the child and help the child board the bus in the morning, and receive the child by waiting on the left side (door side) of the road in the evening. This is very important because small children lack knowledge of traffic rules. They have a tendency to run and cross the road in a hurry as soon as they get off the bus. Therefore , parents are requested to come and hold the child when they get off the bus and cross the road only after the school bus has left the bus stop.
4. Parents are requested to educate their children constantly about the basics of traffic rules and show them the right example when using the road.

Training Methodology:

The children's grouped in 4 sections

- (i) Pre-Primary (ii) Primary
(iii) Secondary and (iv) Vocational

as per their age and I.Q.level. Then divided into 7 students for each class. Syllabus according to N.I.M.H. Secunderabad has been followed. Every Quarter Progress of child has been recorded. The different modules are followed in the class Time Table to take care of special education, Speech Therapy, Physiotherapy, Vocational Training, Yoga, Music and Dance, Sports, Gardening crafts, drawing etc.

Outstanding Achievements:

- 24 Students are able to pass S.S.L.C. exam in the normal syllabus
- More than 30 Students are placed with Jobs at various centres.
- 7 students have participated in "World Special Olympics" and won 4 gold, 2 silver & 1 bronze medals for India
- 597 students trained in the last 20 years
- Manasa won many awards from State, National & international organisations for the outstanding service rendered to specially abled children of our society.

Manasa is at the cross roads of its journey and looks ahead to serve the needs of the specially-abled children with renewed zeal and enthusiasm. It intends to make use of the experience gained over the last twenty years and the good will of the people to

grow further and be marked among the finest institutions serving our special children.

Manasa Computer Centre

In order to overcome the limitations of employability, Manasa has tied up with AMBA, Bangalore for "Alternative Education for adults with moderate to severe Intellectual Disabilities". AMBA has evolved a scalable livelihood solution for intellectually disabled community using Information & Communications Technology (ICT) and peer driven process. AMBA's scaling model facilitates the special schools to involve into hubs for learning and earning, using existing infrastructure, administration and trainers keeping overheads to a minimum.

From 1st of June 2017 Manasa Special School has become AMBA Certified Partner Centre (ACPC). Manasa has established a computer training center with all the facilities. The selected children are being trained using AMBA curriculum. Different stages of training and their efficiency is tracked by monitoring staff from AMBA Core Centre at Bangalore. The curriculum throughout the learning process does not teach computer literacy but encourages each individual to use the computer as a tool to do visual data entry. The process also encourages mainstream standards of accuracy, accountability and meeting time frame. Empathy and sympathy can get them the job but efficiency will help them keep the job. Manasa needs to establish a separate computer center for productive work once the training is successfully completed.

Manasa Autism Centre

More than one third of intellectually disabled children are affected by Autism Spectrum Disorders. There is an urgent demand for appropriate educational facility for education of children with Intellectual Disability with Autistic Disorders. Commonly Autism is defined as a clinical condition in which a person withdraws into a private world, unable to communicate with others or respond to the environment. Autism is a combination of symptoms overlapping with other disabilities. This makes the task of assessment and diagnosis difficult. In addition, intervention requires efforts of a team of professionals including pediatrician, psychiatrist, speech

pathologist, psychologist, occupational therapist and a special educator.

The existing facilities are insufficient and are available only in cities. There is an urgent need for providing the required facilities for autistic children. Many of the parents are approaching special schools to provide such facilities. Mansa is planning to provide education to children with Autism Spectrum Disorders by creating necessary infrastructure along with trained manpower. A suitable model to train autistic children will be selected based on the experience of other established autism centers.

Manasa Research & Development Centre

The use of knowledge, experience and innovation will play a predominant role in creating a better world of citizens, especially in those who are intellectually disabled. The review in the field of mental retardation reveals that very little information is recorded in our country. There is a need for systematic documentation of Research and Development on various areas of intellectual retardation which would in turn throw light on the gaps to be filled leading to progress in the field. Research is also needed to establish the effectiveness of existing treatment methods, models, strategies and practices in India and abroad. Recording the case studies, documenting and analyzing the gathered information will help the professionals, researchers, students, policy makers and interested agencies for planning, draw action plans and policy decisions in the field. It will also help international collaborative plans and activities.

Manasa Rehabilitation and Training Centre (MRTC) and Manipal University (MU) have been extending mutual support to each other in various fields like physiotherapy, speech therapy, field studies for students of MU etc. Both MRTC and MU would like to extend the mutual support and collaboration in the field of research for mutual benefit and the benefit of the special children. A Memorandum of Understanding (MOU) is signed on 11.11.2017 Broadly the areas identified for collaborative research are medical, covering the causes of intellectual disability, rehabilitation techniques and the social aspect of intellectual disability.

**ಮಾನಸ ಪುನರ್ವಸತಿ ಮತ್ತು ತರಬೇತಿ ಕೇಂದ್ರಕ್ಕೆ ಸೇರುವ ಮಕ್ಕಳು
ಹಾಗೂ ಹೆತ್ತವರು ಪಾಲಿಸಬೇಕಾದ ನಿಯಮ - ನಿಬಂಧನೆಗಳು**

- 1) 6 ರಿಂದ 25ವರ್ಷ ಪ್ರಾಯದ ಗಂಡು ಯಾ ಹೆಣ್ಣು ಮಕ್ಕಳಿಗೆ ಜಾತಿ ಮತ್ತು ಭೇದವಿಲ್ಲದೆ ಎಲ್ಲರಿಗೂ ಮುಕ್ತ ಅವಕಾಶ ಇದೆ.
- 2) ವಿಶೇಷ ಮಕ್ಕಳ ಬುದ್ಧಿಶಕ್ತಿ ಸಾಮರ್ಥ್ಯದ ವೈದ್ಯಕೀಯ ಪರೀಕ್ಷೆಯ ನಂತರವೇ ಮಕ್ಕಳನ್ನು ಶಾಲೆಗೆ ಸೇರಿಸಲಾಗುವುದು.
- 3) ಹೊಸತಾಗಿ ಸೇರಿಸುವಾಗ ಈ ಕೆಳಗಿನ ದಾಖಲೆ ಪತ್ರಗಳನ್ನು ನೀಡತಕ್ಕದ್ದು.
 - ವಿಳಾಸ ಪುರಾವೆ
 - ಅಂಗವಿಕಲರ ಗುರುತಿನ ಚೀಟಿ
 - ಪಡಿತರ ಚೀಟಿ (Ration Card)/ಆಧಾರ್ ಚೀಟಿ / (Adhar Card)
 - ಜನ್ಮ ದಿನಾಂಕ ದಾಖಲೆ ಪತ್ರ
 - I.Q. Certificate
 - ಜಾತಿ ಪ್ರಮಾಣ ಪತ್ರ (Caste Certificate)
 - T.C.Certificate(ವರ್ಗಾವನೆ ದಾಖಲೆ ಪತ್ರ)
 - Photographs-5copies (ಭಾವ ಚಿತ್ರ)-8 ಪ್ರತಿ ಪಾಸ್‌ಪೋರ್ಟ್ size
- 4) ವಿಶೇಷ ಮಕ್ಕಳ ಬುದ್ಧಿಶಕ್ತಿ ಸಾಮರ್ಥ್ಯವು ಶೇಕಡಾ 40 ರಷ್ಟು ಅಥವಾ ಅದಕ್ಕಿಂತಲೂ ಹೆಚ್ಚಿಗೆ ಇದ್ದಲ್ಲಿ ಶಾಲೆಗೆ ಸೇರಲು ಅರ್ಹರು. ಈ ಬಗ್ಗೆ ಡಾಕ್ಟರ್ Certificate ನೀಡತಕ್ಕದ್ದು.
- 5) ಗಂಭೀರ ಕಾಯಿಲೆಗಳಿರುವ ಮಕ್ಕಳನ್ನು ಶಾಲೆಗೆ ಸೇರಿಸಿಕೊಳ್ಳಲಾಗುವುದಿಲ್ಲ.
- 6) ಸಾಮಾನ್ಯ ಶಾಲೆಗಳಂತೆಯೇ ಈ ಶಾಲೆಯೂ ಕೂಡ ಜೂನ್‌1ನೇ ತಾರೀಖಿನಿಂದ ಪ್ರಾರಂಭವಾಗುವುದು.
- 7) ವಸತಿ ನಿಲಯದಲ್ಲಿ ನಿಲ್ಲುವ ಮಕ್ಕಳಿಗೆ, ಮೇ ತಿಂಗಳ ತಾರೀಖು 31ರಂದೇ ಸಂಜೆ 4 ಗಂಟೆಯ ಒಳಗೆ ಬಂದು ಸೇರಿಸತಕ್ಕದ್ದು.
- 8) ವಸತಿ ಗೃಹದಲ್ಲಿರುವ ಮಕ್ಕಳ ಹೆತ್ತವರು ತಮ್ಮ ಮಕ್ಕಳನ್ನು ಎಪ್ರಿಲ್ - ಮೇ ಹಾಗೂ ಆಕ್ಟೋಬರ್ ತಿಂಗಳ ರಜೆಯಲ್ಲಿ ತಮ್ಮ ಮನೆಗಳಿಗೆ ಕಡ್ಡಾಯವಾಗಿ ಕರೆದುಕೊಂಡು ಹೋಗತಕ್ಕದ್ದು.
- 9) ದಿನಾಲೂ ಶಾಲೆಗೆ ಬಂದು ಹೋಗುವ ಮಕ್ಕಳಿಗೆ ಮೊದಲೇ ನಿರ್ಧರಿಸಿದ ಸ್ಥಳಗಳಿಂದ ವಾಹನದ ವ್ಯವಸ್ಥೆಯನ್ನು ಮಾಡಲಾಗಿದೆ. ಹಾಗೂ ನಿರ್ದಿಷ್ಟ ನಿರ್ವಹಣೆ ವೆಚ್ಚವನ್ನು ಭರಿಸತಕ್ಕದ್ದು.
- 10) ದಿನಾಲೂ ಶಾಲೆಗೆ ಬಂದು ಹೋಗುವ ಮಕ್ಕಳಿಗೆ ಅವರ ಮಧ್ಯಾಹ್ನದ ಊಟದ ವ್ಯವಸ್ಥೆಯನ್ನು ಕಲ್ಪಿಸಲಾಗಿದೆ.
- 11) ಶಾಲಾ ನಿಬಂಧನೆಗನುಗುಣವಾಗಿ ಶಾಲಾ ಪ್ರವೇಶ ಹಾಗೂ ಇತರ ವೆಚ್ಚವನ್ನು ಶಾಲೆಯ ಪ್ರಾರಂಭದಲ್ಲಿಯೇ ಪಾವತಿಸತಕ್ಕದ್ದು.

- 12) ಮಕ್ಕಳಿಗೆ ಅಪಘಾತ ಅಥವಾ ಗಂಭೀರ ಕಾಯಿಲೆ ಮುಂತಾದ ಸಂಭಾವ್ಯ ತುರ್ತು ಸಂದರ್ಭಗಳಲ್ಲಿ ಆಗುವ ವೈದ್ಯಕೀಯ ವೆಚ್ಚವನ್ನು ಮಕ್ಕಳ ಹೆತ್ತವರೇ ಭರಿಸತಕ್ಕದ್ದು. ಒಂದು ವೇಳೆ ಮಕ್ಕಳ ಪ್ರಾಣಕ್ಕೆ ಅಪಾಯ ಬಂದೊದಗಿದಲ್ಲಿ ಮಾನಸ ಪುನರ್ವಸತಿ ಮತ್ತು ತರಬೇತಿ ಕೇಂದ್ರವು ಇದಕ್ಕೆ ಜವಾಬ್ದಾರರಲ್ಲ.
- 13) ಶಾಲಾ ಪ್ರಾಂಶುಪಾಲರ ಅಥವಾ ವಾರ್ಡನರ ಒಪ್ಪಿಗೆ ಇಲ್ಲದೆ ಮಕ್ಕಳು ಶಾಲಾ ವತಾರದಿಂದ ಹೊರಗೆ ಹೋಗಲು ಅವಕಾಶವಿಲ್ಲ.
- 14) ಸಾಮಾನ್ಯ ಊಟದ ವ್ಯವಸ್ಥೆಯೇ ಎಲ್ಲಾ ಮಕ್ಕಳಿಗೂ ಅನ್ವಯಿಸುವುದು.
- 15) ಮಕ್ಕಳ ಕಾಯಿಲೆಗೆ ಒಳಗಾದ ಸಂದರ್ಭಗಳಲ್ಲಿ ತುರ್ತು ವೈದ್ಯಕೀಯ ನೆರವನ್ನು ನೀಡಲಾಗುವುದು.
- 16) ನಿಯಮಿತವಾಗಿ ರಕ್ಷಕ - ಶಿಕ್ಷಕ ಸಂಘದ ಸಭೆಯನ್ನು ಜರುಗಿಸಲಾಗುವುದು. ಅಲ್ಲಿ ಮಕ್ಕಳ ಪ್ರಗತಿಯ ಬಗ್ಗೆ ಚರ್ಚಿಸಲು ಮುಕ್ತ ಅವಕಾಶವಿರುವುದು.
- 17) ವಾರದಲ್ಲಿ ಎರಡು ಸಲ ಕಸ್ತೂರ್ಬಾ ಮೆಡಿಕಲ್ ಕಾಲೇಜು, ಮಣಿಪಾಲದ ವೈದ್ಯರು ನಮ್ಮ ಸಂಸ್ಥೆಗೆ ಬಂದು ಮಕ್ಕಳಿಗೆ ಅಗತ್ಯವಿದ್ದ ವೈದ್ಯಕೀಯ ನೆರವು ಹಾಗೂ ಫಿಸಿಯೋಥೆರಪಿಯನ್ನು ನೀಡುವರು. ನಮ್ಮ ಶಾಲೆಯಲ್ಲಿ ಫಿಸಿಯೋಥೆರಪಿ ಮಾಡುವ ವ್ಯವಸ್ಥೆ ಇದೆ.
- 18) ಹೆತ್ತವರಿಗೆ ತಮ್ಮ ವಿಶೇಷ ಮಕ್ಕಳ ಪಾಲನೆ ಪೋಷಣೆ ಬಗ್ಗೆ ತಿಳಿದುಕೊಳ್ಳುವ ಸಲುವಾಗಿ ಶೈಕ್ಷಣಿಕ ಸೆಮಿನಾರ್‌ಗಳನ್ನು ನಡೆಸಲಾಗುವುದು. ವಸತಿ ಗೃಹದಲ್ಲಿರುವ ಮಕ್ಕಳಿಗೆ ಪ್ರತಿನಿತ್ಯ ಬೇಕಾದ ಟೂತ್ ಪೇಸ್ಟ್, ಸಾಬೂನು, ಸಫ್ಟ್, ಹೇರ್ ಕಟ್ಟಿಂಗ್\ಶೇವಿಂಗ್ ಹಾಗೂ ಇನ್ನಿತರ ವೆಚ್ಚವನ್ನು ಶಾಲೆಯ ಪ್ರಾರಂಭದಲ್ಲೇ ಸಂಗ್ರಹಿಸಲಾಗುವುದು.
- 19) ಮಕ್ಕಳ ಪಠ್ಯಕ್ರಮದ ಜೊತೆಗೆ ಪಠ್ಯೋತರ ಚಟುವಟಿಕೆಗಳಾದ ತೋಟಗಾರಿಕೆ, ವ್ರತ್ತಿಪರ ಶಿಕ್ಷಣ, ಅಟೋಟಿ ತರಬೇತಿಯನ್ನು ನೀಡಲಾಗುವುದು.
- 20) ಮಕ್ಕಳ ಹೆತ್ತವರು ಯಾ ರಕ್ಷಕರಿಂದ ಶಾಲೆಗೆ ದೇಣಿಗೆ (ಸಹಾಯಧನವನ್ನು) ಕೃತಜ್ಞತೆಯಿಂದ ಸ್ವೀಕರಿಸಲಾಗುವುದು. ದೇಣಿಗೆಯನ್ನು ಆಫೀಸಿನಲ್ಲಿ ಕೆಲಸದ ವೇಳೆಯಲ್ಲಿ ಪಾವತಿಸಿ ರಶೀದಿಯನ್ನು ಪಡೆದು ಕೊಳ್ಳತಕ್ಕದ್ದು. ದೇಣಿಗೆಗೆ 80G ಪ್ರಕಾರ ಕರವಿನಾಯಿತಿ ಸಿಗುವುದು.

ನಾನು ಈ ನಿಯಮಗಳನ್ನು ಓದಿದ್ದೇನೆ ಹಾಗೂ ಅವುಗಳನ್ನು ಪಾಲಿಸಲು ನನ್ನ ಸಂಪೂರ್ಣ ಸಹಕಾರವನ್ನು ನೀಡುತ್ತೇನೆ.

ದಿನಾಂಕ:

ಹೆತ್ತವರ /ಪೋಷಕರ ಹೆಸರು ಮತ್ತು ಸಹಿ

MAY-2018			JUNE- 2018		
Date	Day	Particulars	Date	Day	Particulars
1	Tue	May Day ಕಾರ್ಮಿಕರ ದಿನಾಚರಣೆ	1	Fri	School Re-opens ಶಾಲಾ ಆರಂಭ
2	Wed		2	Sat	
3	Thu		3	Sun	
4	Fri		4	Mon	
5	Sat		5	Tue	Enviornmental Day ವಿಶ್ವ ಪರಿಸರ ದಿನ
6	Sun		6	Wed	
7	Mon		7	Thu	
8	Tue		8	Fri	
9	Wed	Birthday of Ravindranath ರವೀಂದ್ರನಾಥರ ಜನ್ಮ ದಿನ	9	Sat	
10	Thu		10	Sun	
11	Fri		11	Mon	
12	Sat		12	Tue	
13	Sun		13	Wed	
14	Mon		14	Thu	
15	Tue		15	Fri	
16	Wed		16	Sat	Id / Eid-UI-Fitar / Ramzan ರಂಜಾನ್
17	Thu		17	Sun	
18	Fri		18	Mon	
19	Sat		19	Tue	
20	Sun		20	Wed	
21	Mon	School Admission Begins	21	Thu	Yoga Day
22	Tue		22	Fri	
23	Wed		23	Sat	
24	Thu		24	Sun	
25	Fri		25	Mon	
26	Sat		26	Tue	
27	Sun		27	Wed	
28	Mon		28	Thu	
29	Tue		29	Fri	
30	Wed		30	Sat	
31	Thu	Hostel Re-opens			

JULY-2018			AUGUST- 2018		
Date	Day	Particulars	Date	Day	Particulars
1	Sun		1	Wed	
2	Mon		2	Thu	
3	Tue		3	Fri	
4	Wed		4	Sat	
5	Thu		5	Sun	
6	Fri		6	Mon	Ist Quarter Exam begins ಮೊದಲ ಶ್ರೇಷ್ಠಮಾಸಿಕ ಪರೀಕ್ಷೆ
7	Sat	PTA Interaction Day ರಕ್ಷಕ-ಶಿಕ್ಷಕ ಸಂಘದ ಸಭೆ	7	Tue	
8	Sun		8	Wed	
9	Mon		9	Thu	
10	Tue		10	Fri	
11	Wed		11	Sat	
12	Thu		12	Sun	
13	Fri		13	Mon	
14	Sat		14	Tue	
15	Sun		15	Wed	Independence Day ಸ್ವಾತಂತ್ರ್ಯ ದಿನಾಚರಣೆ
16	Mon		16	Thu	
17	Tue		17	Fri	
18	Wed		18	Sat	
19	Thu		19	Sun	
20	Fri		20	Mon	
21	Sat		21	Tue	
22	Sun		22	Wed	Id-ul-Adha (Bakrid) ಬಕ್ರೀದ್
23	Mon		23	Thu	
24	Tue		24	Fri	
25	Wed		25	Sat	Onam ಓಣಂ
26	Thu		26	Sun	
27	Fri		27	Mon	
28	Sat		28	Tue	
29	Sun		29	Wed	
30	Mon		30	Thu	
31	Tue		31	Fri	

SEPTEMBER-2018			OCTOBER- 2018		
Date	Day	Particulars	Date	Day	Particulars
1	Sat		1	Mon	
2	Sun	Janmastami	2	Tue	Mahatma Gandhi Jayanthi ಗಾಂಧಿ ಜಯಂತಿ
3	Mon		3	Wed	
4	Tue		4	Thu	
5	Wed	Teachers Day ಶಿಕ್ಷಕರ ದಿನ	5	Fri	
6	Thu		6	Sat	
7	Fri		7	Sun	
8	Sat	Nativity of B.V.M. ಪುರಿಯಮ್ಮ ಜಯಂತಿ	8	Mon	
9	Sun		9	Tue	Mahalaya Amavasya ಮಹಾಲಯ ಅಮಾವಾಸ್ಯೆ
10	Mon	IIInd Quarter Exam) 2ನೇ ತ್ರೈಮಾಸಿಕ ಪರೀಕ್ಷೆ	10	Wed	
11	Tue		11	Thu	
12	Wed		12	Fri	
13	Thu	Ganesh Chaturthi ಗಣೇಶ ಚತುರ್ಥಿ	13	Sat	
14	Fri		14	Sun	
15	Sat		15	Mon	
16	Sun		16	Tue	
17	Mon		17	Wed	
18	Tue		18	Thu	Vijaya Dhasami
19	Wed		19	Fri	Dusserhra ದಸರಾ
20	Thu		20	Sat	
21	Fri	Moharam ಮೊಹರಂ	21	Sun	
22	Sat		22	Mon	
23	Sun		23	Tue	
24	Mon		24	Wed	Valmiki Jayanthi ವಾಲ್ಮೀಕಿ ಜಯಂತಿ
25	Tue		25	Thu	
26	Wed		26	Fri	
27	Thu		27	Sat	
28	Fri		28	Sun	
29	Sat		29	Mon	
30	Sun		30	Tue	
			31	Wed	



Visit of Rev. Fr. Jephrein Monis along with German Benefactors



Visit of Sr. Margaret Hansen SSPs, General Councilor, Missionary Sisters, Servants of the Holy Spirit from Rome



Manasa School Band



Manasa R&D Centre

Bidecennial Celebrations (1997-2017) Date : 10th and 11th November 2017



Inauguration of State Level Seminar on Intellectual Disability
(Theme : 'Every Child is born to win. Are we doing enough for our special children?')



Releasing of Bidecennial Souvenir



Manasa R&D Centre signing of MOU with MAHE University, Manipal.



Old students of Manasa during Alumni meet

NOVEMBER - 2018			DECEMBER- 2018		
Date	Day	Particulars	Date	Day	Particulars
1	Thu	Karnataka Rajyothsava ಕರ್ನಾಟಕ ರಾಜ್ಯೋತ್ಸವ	1	Sat	
2	Fri		2	Sun	
3	Sat		3	Mon	World Disabled Day ಅಂಗವಿಕಲರ ದಿನಾಚರಣೆ
4	Sun	Guru Nanak Day ಗುರು ನಾನಕ ಜಯಂತಿ	4	Tue	
5	Mon		5	Wed	
6	Tue	Naraka Chaturdashi ನರಕ ಚತುರ್ದಶಿ	6	Thu	
7	Wed	Diwali ದೀಪಾವಳಿ	7	Fri	
8	Thu	Bali Padyami ಬಲಿಪಾಡ್ಯಮಿ	8	Sat	
9	Fri		9	Sun	
10	Sat		10	Mon	
11	Sun		11	Tue	
12	Mon		12	Wed	
13	Tue		13	Thu	
14	Wed	Founders Day ಸಂಸ್ಥಾಪಕರ ದಿನ	14	Fri	
15	Thu		15	Sat	
16	Fri		16	Sun	
17	Sat		17	Mon	
18	Sun		18	Tue	
19	Mon		19	Wed	
20	Tue		20	Thu	
21	Wed	Milad-Un-Nabi ಮಿಲಾದ್ - ಉದ್ - ನಬಿ	21	Fri	
22	Thu		22	Sat	
23	Fri		23	Sun	
24	Sat		24	Mon	Christmas Holiday begins ಕ್ರಿಸ್ತಮಸ್ ರಜೆ ಪ್ರಾರಂಭ
25	Sun	Kanakadasa Jayanthi ಕನಕದಾಸ ಜಯಂತಿ	25	Tue	Christmas ಕ್ರಿಸ್ತಮಸ್
26	Mon		26	Wed	
27	Tue		27	Thu	
28	Wed		28	Fri	
29	Thu		29	Sat	
30	Fri		30	Sun	
			31	Mon	

JANUARY -2019			FEBRUARY - 2019		
Date	Day	Particulars	Date	Day	Particulars
1	Tue		1	Fri	
2	Wed	School Reopens ಶಾಲಾ ಆರಂಭ	2	Sat	
3	Thu		3	Sun	
4	Fri		4	Mon	
5	Sat		5	Tue	
6	Sun		6	Wed	
7	Mon		7	Thu	
8	Tue		8	Fri	
9	Wed		9	Sat	
10	Thu		10	Sun	
11	Fri		11	Mon	
12	Sat		12	Tue	
13	Sun		13	Wed	
14	Mon		14	Thu	
15	Tue	Makara Sankramana ಮಕರ ಸಂಕ್ರಮಣ	15	Fri	
16	Wed		16	Sat	
17	Thu		17	Sun	
18	Fri		18	Mon	
19	Sat		19	Tue	
20	Sun		20	Wed	
21	Mon	IIIrd Quarter Exam 3ನೇ ತ್ರೈಮಾಸಿಕ ಪರೀಕ್ಷೆ	21	Thu	
22	Tue		22	Fri	
23	Wed		23	Sat	
24	Thu		24	Sun	
25	Fri		25	Mon	
26	Sat	Republic Day ಗಣರಾಜ್ಯೋತ್ಸವ	26	Tue	
27	Sun		27	Wed	
28	Mon		28	Thu	
29	Tue				
30	Wed				
31	Thu				

MARCH - 2019			APRIL - 2019		
Date	Day	Particulars	Date	Day	Particulars
1	Fri		1	Mon	
2	Sat		2	Tue	
3	Sun		3	Wed	
4	Mon	Maha Shivarathri ಮಹಾಶಿವರಾತ್ರಿ	4	Thu	
5	Tue		5	Fri	
6	Wed		6	Sat	
7	Thu		7	Sun	
8	Fri		8	Mon	
9	Sat		9	Tue	
10	Sun		10	Wed	Last Working day ಬೇಸಿಗೆ ರಜೆ ಆರಂಭ
11	Mon		11	Thu	
12	Tue		12	Fri	
13	Wed	Rama Navami	13	Sat	
14	Thu		14	Sun	
15	Fri		15	Mon	
16	Sat		16	Tue	
17	Sun	Mahavir Jayanthi ಮಹಾವೀರ್ ಜಯಂತಿ	17	Wed	
18	Mon	Final Exam ಫಾರ್ಮಲ್ ಪರೀಕ್ಷೆ	18	Thu	
19	Tue	Holi	19	Fri	Good Friday ಗುಡ್ ಫ್ರೈಡೇ
20	Wed		20	Sat	
21	Thu		21	Sun	Easter Sunday ಈಸ್ಟರ್ ಭಾನುವಾರ
22	Fri		22	Mon	
23	Sat		23	Tue	
24	Sun		24	Wed	
25	Mon		25	Thu	
26	Tue		26	Fri	
27	Wed		27	Sat	
28	Thu		28	Sun	
29	Fri		29	Mon	
30	Sat		30	Tue	
31	Sun				

LEAVE RECORD				
Date	No of Days	Reason	Teacher's Signature	Parent's Signature

LEAVE RECORD				
Date	No of Days	Reason	Teacher's Signature	Parent's Signature

TEACHER'S REMARKS			
Date	Remarks	Teacher's Signature	Parent's Signature

TEACHER'S REMARKS			
Date	Remarks	Teacher's Signature	Parent's Signature

HOMEWORK RECORDS			
Date	Remarks	Teacher's Signature	Parent's Signature

HOMEWORK RECORDS			
Date	Remarks	Teacher's Signature	Parent's Signature

ACKNOWLEDGEMENT OF CIRCULAR/LETTER (Parnets/Guardians are requested to sign each time a circular or letter sent through children by way of acknowledgement)		
Date	Circular/Letter Number & Date	Parent's Signature

LATE COMING RECORD			
Date	Remarks	Teacher's Signature	Parent's Signature

PARENT TEACHER'S COMMUNICATIONS (Parent/Teachers shall sign each communication/Reports)			
Date	Communication	Teacher's Signature	Parent's Signature

PARENT TEACHER'S COMMUNICATIONS (Parent/Teachers shall sign each communication/Reports)			
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International internship students with staff in Manasa R&D Centre



Special Children with Manasa Staff Members

Our World Special Olympic Champions



PRAMILA PINTO



SANDEEP D'SOUZA



VARUN KUMAR



SUNEETHA LOBO



POOJA RAI



WILMA PEREIRA



MUKESH NAYAK



School Garden Maintained by Manasa Students



Proposed Manasa Autism Centre Building